

Residence De Gaulle

ADDRESS

21 bis, Avenue Général de Gaulle, 66000 Perpignan

Located on the top floor of the academy ALFMED, in the city center of Perpignan.



GENERAL DESCRIPTION & EQUIPMENTS

The Residence De Gaulle has 4 rooms: 1 single room, 2 double rooms and 1 triple room. The residence is located on the top floor of ALFMED, but has an independent access. There is a table in the garden for students who wish to eat outside.

The rooms have the following names: Blue - White - Red .. like the French flag ... and the "General" as a tribute to General de Gaulle.

Students have access to the Erasmus Napoléon laundry (access restricted to our students only - located 3 Traverse de Venise/ 5 mn away)

What is provided?

Kitchen:

EQUIPMENT	YES	NO	NOTES
Microwave	x		
Stove	x		an electric hob
Oven	x		
Toaster		x	
Kettle/Teapot	x		
Fridge + Freezer	x		
Storage facilities	x		
Cutlery and dishes	x		
Parchment paper, tinfoil, cling film, kitchen paper...	x		
Dish soap, kitchen towels	x		

What is provided?

Common areas:

EQUIPMENT	YES	NO	NOTES
TV		x	
Wi-fi	x		free and unlimited
Games		x	
Gym & Wellness		x	but there is a gym, BASIC FIT 5 minutes from Alfmed
Outdoor areas	x		A private garden for students, possibility of parking bicycles
Bathroom	x		
Photocopy centre	x		At ALFMED

Cleaning:

EQUIPMENT	YES	NO	NOTES
Laundry machines (wash and dry)	x		Students have access to the Erasmus Napoléon laundry (access restricted to our students only -

			located 3 Traverse de Venise)
Iron facilities	x		
Bed linen & towels	x		
Cleaning Service	x		Only the common spaces are cleaned each 10 days

What is provided?

Your room:

EQUIPMENT	YES	NO	NOTES
Bed + cushion & duvet	x		
Desk + chair	x		
Wardrobe	x		
TV		x	
Telephone		x	

Air conditioning		X	
Bathroom		X	
Hairdryer		X	
Toilet paper		X	
Bed linen & towels	X		

DETAILED DESCRIPTION

The De Gaulle Residence offers a large fully equipped dining room kitchen, a large convenient bathroom, a separate toilets for the capacity of 8 residents in : one single room, two double rooms, one triple room.

Perfect for a group of students or for individuals willing to be immersed in our ERASMUS+ community.

Ideally located on the top floor of ALFMED with independent access, it ensures comfort and tranquility for international students. For those who enjoy outdoor dining, a table is set up in the garden, providing a peaceful and friendly environment.

Magnificent building surrounded by trees of a closed garden where students can enjoy outdoor life. Stands on the one of the most beautiful avenues of Perpignan lined up with palm trees and surrounded by splendid building dating from XIX century. Each room is carefully named: Blue, White, Red, and General, giving a unique personality to each living space.

Close to Other Residences:

- **Nearby Residences:** residences De Gaulle and Mathurin are 1 minute away; Residences Napoléon and Venise are 5 minutes away; Residence Castillet and Appart'Hôtel Mer et Golf are 10 minutes away.

Access to ALFMED:

ALFMED is just below, providing convenient accessibility for students.

Access to Shops:

- **Historic city center:** ALFMED is just a 5-minute walk from the historic city center, offering quick access to a variety of shops, cafes, restaurants, and tourist attractions.
- **Grocery stores and pharmacy :** Several small supermarkets are a 10-minute walk away, ideal for your daily needs. A detailed map is provided upon arrival so our hosts can find them easily, open even on Sundays.
- **Large shopping centers:** For a more extensive shopping experience, large shopping centers are accessible within a 20-minute bus ride, offering a wide range of stores, restaurants, and entertainment options.

Access to Public Transportation:

- **SNCF and bus station:** Located just a 5-minute walk from ALFMED, the station provides convenient rail and bus connections for easy travel within the region and beyond.

Access to Sports Activities:

- **Swimming pool and sports fields:** Within a 10-minute bus ride, you will find sports facilities such as swimming pools, tennis courts, volleyball courts, and football/rugby fields, perfect for maintaining an active lifestyle.
- **BASIC FIT gym:** Just a 5-minute walk away, BASIC FIT offers a modern gym with various equipment for your daily workouts.

Easy access to everything

- **Tourism :** Beautiful touristic sites only a 30-minute bus ride away, perfect for exploring other cities, picturesque villages, sunny beaches, natural parks, medieval castles...
- **Shopping :** in Perpignan pedestrian streets from the famous Galeries Lafayette to the shopping malls of Carré d'Or and the little boutiques of Collioure and Canet.
- **Exceptional UNESCO sites such as Barcelona, Carcassonne, Montpellier, Villefranche de Conflent can be explored in a one-day-excursion with public transports – close to ALFMED.**
- Residences are located **5 mn walk from the public transportation hubs** that give access to the whole region of Perpignan surroundings: from the Pyrenees medieval UNESCO sites to the large sandy or rocky beaches of the 100 km Mediterranean coastline.
 - **Metropolitan Perpignan Sankeo direct bus lines** to access some beaches and all economical zones for internships.
 - **County LIO public “1 euro” buses** to access some beaches and all the villages between the mountains, the plain, the beaches.
 - **International Train/Buses station** to access directly Barcelona
 - **National Train station** to access some touristic sports between mountains and sea.

Whether for daily shopping, social events, leisure activities, or transportation, everything is within reach, making life for ALFMED students very easy and convenient.

IMPORTANT RULES

Rules to respect with roommates

Sharing a house with people of different nationalities can be a wonderful experience as long as everyone respects certain rules. Please read through these recommendations carefully. Thank you.

- Don't forget to lock the main door and your room.
- Do not forget to wash up and put the dishes away every time.
- The keys of the residence will be given to you under your own responsibility. We will ask you to reimburse us if you lose them.
- A deposit of 50 euros in cash is asked upon arrival, and will be given back upon departure if no problem.
- The housekeeper cleans the floor of the common areas. She does not do the dishes ! but you have a dishwasher!
- Clean up after yourself.
- ALL DRUGS ARE FORBIDDEN!!!
- It is absolutely prohibited to smoke inside the residences, even at the window!
- According to the HADOPI law, it is forbidden to download! Only "streaming" is authorized !
- ONLY ALFMED STUDENTS are allowed in the residence from 10pm on ! Please respect this rule !
- Please respect your neighbors and keep noise down between 10pm and 6am. Any noise occurring after 10pm could qualify as disturbing the peace under Article 623-2 of the French Penal Code. You could be fined 450 euros (payable immediately).
- Recycling and regular trash: Please put the dustbins in the selective CONTAINERS ▲ (find some on the street map) every Friday (paper, glass, regular waste, water bottles, ...).

Before your departure :

- Please leave the sheets and dirty towels on the floor.
- Report any damage that may have been done.
- Empty recycling and trash

Think about the environment:

- Switch off the lights when you leave a room!
- Don't put the heating on full blast!
- Don't leave the windows wide open when the heating is on!
- Use only the Eco-friendly Napoleon Laundry: it has a sustainable development system to manage water consumption and provides (included in the price) organic soap
- Keep a high level of hygiene and cleanliness after you use the toilets, bathroom, and kitchen.

- Do **NOT** move furniture (beds, tables) from one bedroom to another.

Don't forget to let your roommates know what you are leaving in the fridge. Report any technical or security problems on the ALFMED WhatsApp group.

The residents cannot engage the responsibility of the Academy for any accident, attack, or theft of which he could be a victim beyond the scope of the courses. The trainee is responsible for his personal effects whether it may be inside the Academy or inside the accommodation. This is also why we ask residents to lock the main door and bedroom.

Any non-compliance with the rules will result in a warning to your Training Center. ALFMED management reserves the right to change the accommodation or evict the student.

"Feel like at home"

